

# a3

## asbestos essentials

### Non-licensed tasks

This information will help employers and the self-employed to comply with the Control of Asbestos Regulations 2006.

It is also useful for trade union and employee safety representatives.

Asbestos fibres can cause lung cancer and lung diseases.

The sheet covers the points you need to follow to reduce exposure to an adequate level.

It can act as a risk assessment for asbestos if it matches what you plan to do.

Follow all the points, or use equally effective measures.

Only carry out this work if you are properly trained and have the right equipment.

#### Main points

- Asbestos fibres can kill.
- Keep exposures low using all the controls in this sheet.
- Also follow sheet a0 and equipment and method (em) sheets; see 'Essential information'.



Double wrap the door in polythene sheeting with asbestos warning stickers

## Removing a door with asbestos insulating board (AIB) fireproofing

### What this sheet covers

This sheet describes good practice when you need to dispose of a door backed with AIB. It is also suitable where AIB is sandwiched within the door.

This sheet is NOT appropriate:

- for the removal of an AIB panel (see sheet a4); or
- for the disposal of a door with more than minor damage to the AIB. Use an HSE-licensed contractor for such work.

### Preparing the work area

- Restrict access - minimise the number of people present.
- Close doors. Use tape and notices to warn others.
- Ensure adequate lighting.

### Equipment

- 1000-gauge polythene sheeting and duct tape;
- warning tape and notices;
- sealant, eg polyvinyl acetate (PVA);
- screwdriver;
- non-asbestos replacement fire door;
- garden-type sprayer containing wetting agent, eg diluted washing-up liquid;
- bucket of water and rags;
- asbestos waste container, eg labelled polythene sack;
- clear polythene sack; and
- asbestos warning stickers.

### Personal protective equipment (PPE)

- Provide:
  - disposable overalls fitted with a hood;
  - boots without laces (laced boots are hard to decontaminate);
- A respirator is not normally required.

### Procedure

- If unpainted, spray the board with PVA sealant.
- If the board is within the door, spray all exposed edges.
- Allow it to dry.
- Lay enough polythene sheet on the floor to wrap up the door.
- Unscrew the door from its hinges and lower it onto the polythene sheet.
- Double-wrap the door with polythene sheet and secure with duct tape.
- Attach asbestos warning stickers.
- If necessary, fit a replacement door with the same fire protection properties.

### MORE HELP

- **Licensed asbestos contractors, and training providers** - HSE's Infoline  
Tel: 0845 345 0055  
Textphone: 0845 408 9577  
e-mail: [hse.infoline@natbrit.com](mailto:hse.infoline@natbrit.com)  
and at [www.hse.gov.uk/asbestos/licensing/index.htm](http://www.hse.gov.uk/asbestos/licensing/index.htm)
- **HSE priced and free publications** -  
HSE Books Tel: 01787 881165  
and at [www.hsebooks.co.uk](http://www.hsebooks.co.uk)
- **Qualified hygienists** - The  
British Occupational Hygiene  
Society (BOHS) Tel: 01332 298101  
and at [www.bohs.org/](http://www.bohs.org/) under  
'Professional > Consultants'
- **Trade associations** - the Asbestos  
Removal Contractors Association  
(ARCA) Tel: 01283 531126 Website:  
[www.arcaweb.org.uk](http://www.arcaweb.org.uk), or the Asbestos  
Control and Abatement Division (ACAD)  
Tel: 01325 466704
- **Disposal of asbestos waste** -  
[www.environment-agency.co.uk](http://www.environment-agency.co.uk),  
[www.sepa.org.uk/](http://www.sepa.org.uk/), or  
[www.netregs.gov.uk/netregs](http://www.netregs.gov.uk/netregs).
- **More asbestos pictures** -  
[www.hse.gov.uk/asbestos/gallery.htm](http://www.hse.gov.uk/asbestos/gallery.htm)
- **Help to decide if work is licensed** -  
[www.hse.gov.uk/asbestos/licensing/index.htm](http://www.hse.gov.uk/asbestos/licensing/index.htm)

### ESSENTIAL INFORMATION

**Download and follow these advice sheets from [www.hse.gov.uk/asbestos/essentials/index.htm](http://www.hse.gov.uk/asbestos/essentials/index.htm):**

em1 *What to do if you uncover or damage materials that could contain asbestos*

em2 *Training*

em5 *Wetting asbestos materials*

em7 *Using damp rags to clean surfaces of minor asbestos contamination*

em8 *Personal decontamination*

em9 *Disposal of asbestos waste*

### Cleaning and disposal

- Clean the equipment and area with damp rags.
- Put debris, used rags, polythene sheeting and other waste in the asbestos waste container and tape it closed.
- Put the asbestos waste container in a clear polythene sack and tape it closed.
- Disposal - see sheet em9.

### Personal decontamination

- See sheet em8

### Clearance and checking off

- Visually inspect the area to make sure that it has been cleaned properly.
- Clearance air sampling is not normally required.
- Get the premises owner, duty-holder or client to check off the job.

### OTHER HAZARDS

**Manual handling** - see  
[www.hse.gov.uk/msd/index.htm](http://www.hse.gov.uk/msd/index.htm).  
Plan how to remove and handle heavy material and articles safely.

**There may also be other hazards** - you need to consider them all.

### SAFETY CHECKLIST

- ✓ Can you avoid disturbing asbestos by doing the job in some other way?
- ✓ Do you need a licence for the work?
- ✓ Always follow all legal requirements.
- ✓ Follow the task guidance sheet.
- ✓ Use an asbestos waste container.
- ✓ Dispose at a licensed disposal site.

#### Caution:

- Don't sweep up dust or debris - use a Class H vacuum cleaner or damp rags.
- Don't take used overalls home.
- Don't re-use disposable PPE.
- Don't smoke.
- Don't eat or drink in the work area.

This guidance is issued by the Health and Safety Executive. Following the guidance is not compulsory and you are free to take other action. But if you do follow the guidance you will normally be doing enough to comply with the law. Health and safety inspectors seek to secure compliance with the law and may refer to this guidance as illustrating good practice.

This document is available at [www.hse.gov.uk/asbestos/essentials/index.htm](http://www.hse.gov.uk/asbestos/essentials/index.htm)

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