

# a8

## asbestos essentials

### Non-licensed tasks

This information will help employers and the self-employed to comply with the Control of Asbestos Regulations 2006.

It is also useful for trade union and employee safety representatives.

Asbestos fibres can cause lung cancer and lung diseases.

The sheet covers the points you need to follow to reduce exposure to an adequate level.

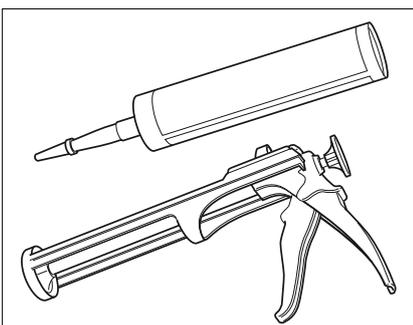
It can act as a risk assessment for asbestos if it matches what you plan to do.

Follow all the points, or use equally effective measures.

Only carry out this work if you are properly trained and have the right equipment.

#### Main points

- Asbestos fibres can kill.
- Keep exposures low using all the controls in this sheet.
- Also follow sheet a0 and equipment and method (em) sheets; see 'Essential information'.



If you have to attach panels to asbestos-containing materials use impact adhesive.

## Enclosing undamaged asbestos materials to prevent impact damage

### What this sheet covers

This sheet describes good practice when you need to protect asbestos materials from impact damage, and you do not want to remove them. Examples include:

- asbestos insulating board wall panels that could be damaged by trolleys; or
- lagged pipework running along the bottom of a wall that could be scuffed.

For minor repairs on asbestos insulating board see sheet a6.

For minor repairs on asbestos cement see sheet a13.

This sheet is NOT appropriate where the asbestos material is badly damaged or where you disturb the asbestos. Use an HSE-licensed contractor for such work.

### Preparing the work area

- Restrict access - minimise the number of people present.
- Close doors. Use tape and notices to warn others.
- Ensure adequate lighting.

### Equipment

- Warning tape and notices;
- liquid impact adhesive;
- screwdriver;
- nails or screws;
- hammer;
- non-asbestos board - this may need to meet an original specification, eg fire resistant;
- bucket of water and rags;
- asbestos waste container, eg labelled polythene sack; and
- clear polythene sack.



Use non-asbestos boarding to protect asbestos

### Personal protective equipment (PPE)

- Provide:
  - disposable overalls fitted with a hood; and
  - boots without laces (laced boots are hard to decontaminate).
- A respirator is not normally required.

### Procedure

- Box-in pipework without disturbing the asbestos.
- Where possible, fix replacement panels to non-asbestos materials - you can use nails or screws.

### MORE HELP

- **Licensed asbestos contractors, and training providers** - HSE's Infoline  
Tel: 0845 345 0055  
Textphone: 0845 408 9577  
e-mail: [hse.infoline@natbrit.com](mailto:hse.infoline@natbrit.com)  
and at [www.hse.gov.uk/asbestos/licensing/index.htm](http://www.hse.gov.uk/asbestos/licensing/index.htm)
- **HSE priced and free publications** -  
HSE Books Tel: 01787 881165  
and at [www.hsebooks.co.uk](http://www.hsebooks.co.uk)
- **Qualified hygienists** - The British Occupational Hygiene Society (BOHS) Tel: 01332 298101  
and at [www.bohs.org/](http://www.bohs.org/) under 'Professional > Consultants'
- **Trade associations** - the Asbestos Removal Contractors Association (ARCA) Tel: 01283 531126 Website: [www.arcaweb.org.uk](http://www.arcaweb.org.uk), or the Asbestos Control and Abatement Division (ACAD) Tel: 01325 466704
- **Disposal of asbestos waste** - [www.environment-agency.co.uk](http://www.environment-agency.co.uk), [www.sepa.org.uk/](http://www.sepa.org.uk/), or [www.netregs.gov.uk/netregs](http://www.netregs.gov.uk/netregs).
- **More asbestos pictures** - [www.hse.gov.uk/asbestos/gallery.htm](http://www.hse.gov.uk/asbestos/gallery.htm)
- **Help to decide if work is licensed** - [www.hse.gov.uk/asbestos/licensing/index.htm](http://www.hse.gov.uk/asbestos/licensing/index.htm)

### ESSENTIAL INFORMATION

**Download and follow these advice sheets from [www.hse.gov.uk/asbestos/essentials/index.htm](http://www.hse.gov.uk/asbestos/essentials/index.htm):**

*em1 What to do if you uncover or damage materials that could contain asbestos*

*em2 Training*

*em7 Using damp rags to clean surfaces of minor asbestos contamination*

*em8 Personal decontamination*

*em9 Disposal of asbestos waste*

- Use adhesive to attach replacement panels to asbestos-containing materials.
- Seal the cavity and provide adequate fire barriers.
- Warn the building owner about the presence of asbestos-containing material, so it can be managed properly.

### Cleaning and disposal

- Clean the equipment and the area with damp rags.
- Put debris, used rags and other waste in the asbestos waste container and tape it closed.
- Put the asbestos waste container in a clear polythene sack and tape it closed.
- Disposal - see sheet em9.

### Personal decontamination

- See sheet em8

### Clearance and checking off

- Visually inspect the area to make sure that it has been cleaned properly.
- Clearance air sampling is not normally required.
- Get the premises owner, duty-holder or client to check off the job.

### OTHER HAZARDS

**Work at height** - see [www.hse.gov.uk/falls/index.htm](http://www.hse.gov.uk/falls/index.htm).  
Take precautions to avoid falls.  
Must you work from a ladder?  
Where necessary, erect an access platform.

**There may also be other hazards - you need to consider them all.**

This guidance is issued by the Health and Safety Executive. Following the guidance is not compulsory and you are free to take other action. But if you do follow the guidance you will normally be doing enough to comply with the law. Health and safety inspectors seek to secure compliance with the law and may refer to this guidance as illustrating good practice.

### SAFETY CHECKLIST

- ✓ Can you avoid disturbing asbestos by doing the job in some other way?
- ✓ Do you need a licence for the work?
- ✓ Always follow all legal requirements.
- ✓ Follow the task guidance sheet.
- ✓ Use an asbestos waste container.
- ✓ Dispose at a licensed disposal site.

#### Caution:

- Don't sweep up dust or debris - use a Class H vacuum cleaner or damp rags.
- Don't take used overalls home.
- Don't re-use disposable PPE.
- Don't smoke.
- Don't eat or drink in the work area.

This document is available at [www.hse.gov.uk/asbestos/essentials/index.htm](http://www.hse.gov.uk/asbestos/essentials/index.htm)

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